



Week 1	Main Course	Vegetarian Option	Dessert
<b>Monday</b>	Meatballs served in a tomato sauce with pasta and garlic bread	Vegetarian pasta bake and garlic bread.	Rocky Road
<b>Tuesday</b>	Roast ham, baked potato, Sweetcorn and cauliflower cheese.	Veggie finger, baked potato and cauliflower cheese.	Apple crumble and Custard.
<b>Wednesday</b>	Roast Dinner day Chicken, Roast Potatoes, carrots, broccoli, gravy and stuffing.	Quorn Roast.	Flap Jack
<b>Thursday</b>	Pizza selection, pasta and carrot sticks.	Vegetarian Pizza/Pasta	Jelly and Ice Cream.
<b>Friday</b>	Fish fingers, creamy mash, parsley sauce, minted peas and sweetcorn.	Cauliflower Bake, creamy mash, parsley sauce and minted peas.	Jam Sponge and Custard

Week 2	Main Course	Vegetarian Option	Dessert
<b>Monday</b>	Chicken Goujons, butter pasta. Crudités	Vegetarian finger	Strawberry trifle (no cream)
<b>Tuesday</b>	Breaded Fish/cod bites, mini corn on the cob. Diced potatoes.	Cauliflower, bake.	Chocolate brownie and Ice cream.
<b>Wednesday</b>	Roast Dinner day Pork, roast potatoes, Peas, Sweetcorn. Apple sauce & Gravy.	Quorn Roast	Carrot cake
<b>Thursday</b>	Pizza selection, potato wedges and baked beans.	Vegetarian Pizza	Eves Pudding and Custard.
<b>Friday</b>	Toad in the hole Sausage, mash, Yorkshire pudding, carrots and peas and gravy.	Veggie Sausage.	Chocolate Chip Cookie and Ice Cream

Salad or Crudités, brown bread, Fruit salad & yoghurts will be made available daily.

Children with special dietary requirements please contact the school directly & an appropriate, meal will be arranged.

The menu may vary on promotional days & upon the school's requests.

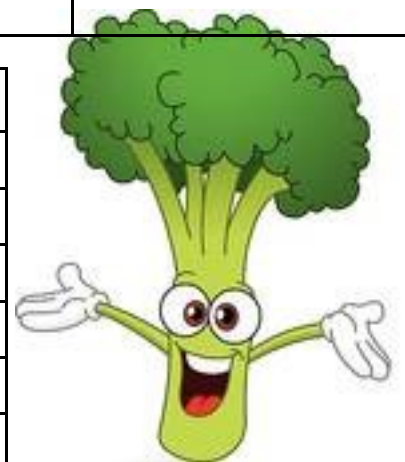
Changes will be displayed on Facebook or via the school messaging system/website.



Week 3	Main Course	Vegetarian Option	Dessert
Monday	Chicken curry – mild – rice and naan bread.	Vegetable curry.	Mini Muffin selection.
Tuesday	Sausage and tomato pasta bake topped with cheese. Served with garlic bread.	Tomato and basil	Jelly and Ice cream.
Wednesday	Roast Dinner day Beef, Yorkshire pudding, Roast potatoes green beans and carrots.	Quorn Roast	Chocolate Cookie
Thursday	Pizza selection, chips and sweetcorn.	Vegetarian Pizza	Apple crumble & custard
Friday	Chicken balls, vegetable rice and sweet and sour sauce.	Quorn nuggets	Lemon drizzle cake

Week 4	Main Course	Vegetarian Option	Dessert
Monday	Tacos- Beef chilli and Rice, sweet corn	Veggie Chilli (Quorn)	Pancakes, berry coulis and ice cream.
Tuesday	Creamy tomato, Chicken sweetcorn pasta bake, served with garlic bread .	Creamy tomato pasta bake, and garlic bread.	Strawberry sponge & coconut custard.
Wednesday	Roast Dinner day Ham, Roast potatoes broccoli and cauliflower cheese. Peas.	Quorn Roast	Flap Jack
Thursday	Pizza selection, Potato wedges and baked beans.	Vegetarian Pizza	Jelly and Ice cream.
Friday	Fish goujons, chips and whole wheat spaghetti hoops	Veggie goujon.	Chocolate Marble sponge with chocolate custard.

Week 1	Week 2	Week 3	Week 4
2/9	9/9	16/9	23/9
30/9	7/10	14/10	21/10
29/10	4/11	11/11	18/11
25/11	2/12	9/12	16/12
23/12	30/12	6/1	13/1
20/1	27/1	3/2	10/2



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